

**YEAR 3, SESSION NO:** 5 of 6

**THEME:** Emotional Regulation Toolkit

**GROUP** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**LEARNING OBJECTIVE:** *I can identify tools for emotional regulation*

**ACTIVITIES USED** (tick all that apply)

- Role-play / Freeze Frame
- Discussion
- Poetry
- Music / movement
- Guided meditation / mindfulness
- Written / drawn outcome
- Speaking / listening
- Other







**ASSESSMENT METHOD(S) USED**

- blind poll
- post-its
- exit card
- round-robin posters
- lollistick discussion
- Other

**TICK THE BOX WHICH BEST DESCRIBES THE LEVEL OF UNDERSTANDING AMONGST THE GROUP:**

- The group has not achieved the LO yet
- A minority of the group achieved the LO
- A majority of the group achieved the LO
- The whole group achieved the LO

**INDICATE THE TALLY TOTALS FOR CHILDREN'S SELF-ASSESSMENT IN THE BOXES PROVIDED**

		
<input type="text"/>	<input type="text"/>	<input type="text"/>
		
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**TEACHER'S NOTES AND NEXT STEPS**

**CHILDREN WHO SECURELY ACHIEVED THE LO**

**CHILDREN WHO WOULD BENEFIT FROM MORE SUPPORT**