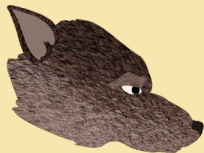


YEAR 3: WEEK 4 REACTIONS



WHAT HAVE WE BEEN LEARNING?

This week, your child has learnt about reactions and how everyone reacts to situations differently. We use the 'tumbling tower' analogy; you can watch the short film your child watched at school [HERE](#).



WATCH

Watch the film clip and encourage your child to think about how the characters are behaving at different points:

[Week 4 Film Clip: Reactions](#)



TALK

How is Wolf feeling in this scene?

How might the others feel about Wolf's actions?

Do you think all the characters would react in the same way?



DO

Work through the towers worksheet together. Include what you've learnt about body sensations and core emotions when thinking of what to write. Remember that when our tower tumbles down we are unable to think clearly so our trusted adults need to be able to help us.

This is a good opportunity to discuss reactions with your child, how do they react at certain things? How do you react at certain things? It's important to know that everyone reacts differently to things, on different days, in different ways!

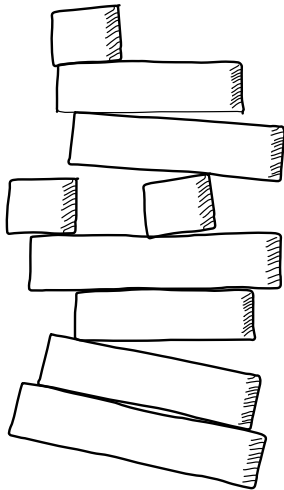
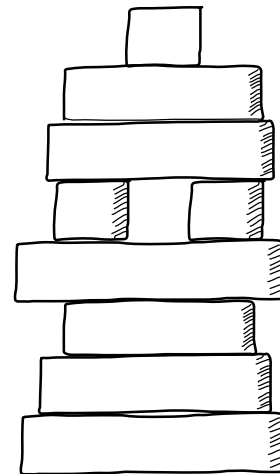


WHEN MY TOWER IS...

When my tower is steady I might feel...

I know this because...

When I have a steady tower I think I might...



When my tower is wobbly I might feel...

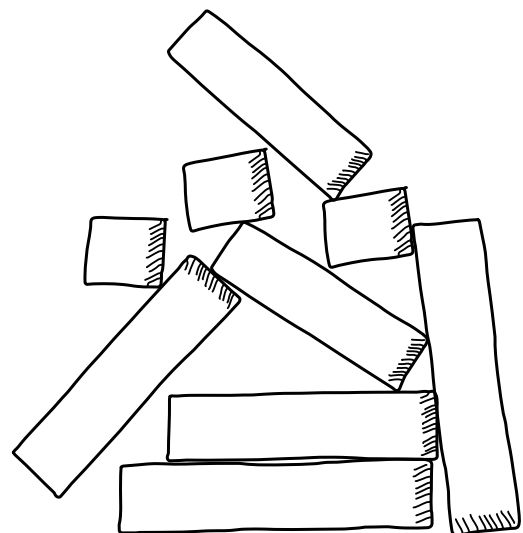
I know this because...

When I have a wobbly tower I think I might...

When my tower has tumbled down I might feel...

I know this because...

When my tower has tumbled down I think I might...



WHAT TO DO:

1. Complete the sentences next to each tower stage
2. Think about what you know already from previous sessions, trusted adults, body sensations and core emotions
3. Decorate your blocks by colouring them in

E.G. When my tower is wobbly, I might feel angry
I know this because of my tingly arms and tight chest
When I have a wobbly tower I think I might ask my trusted adult for help