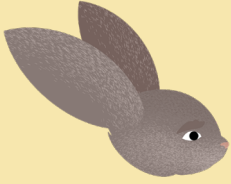


YEAR 3: WEEK 3 CORE EMOTIONS



WHAT HAVE WE BEEN LEARNING?

This week your child has learnt about the four Core Emotions: happiness, sadness, anger and fear. They thought about the body sensation clues their body might give them when they are experiencing different emotions.



WATCH

Watch the film clip and encourage your child to think about which emotions the characters might be feeling at different points

[Week 3 Film Clip: Core Emotions](#)



SCAN ME



TALK

Which emotions did you notice in the video clip?
How did you know how the animals were feeling?
What are the four core emotions?



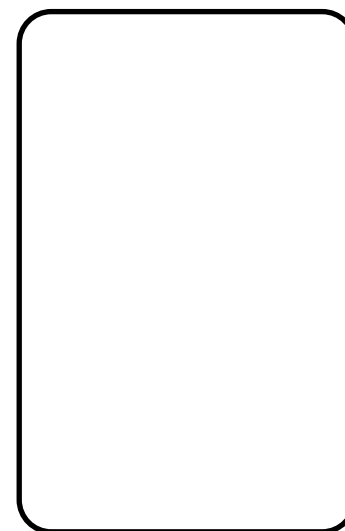
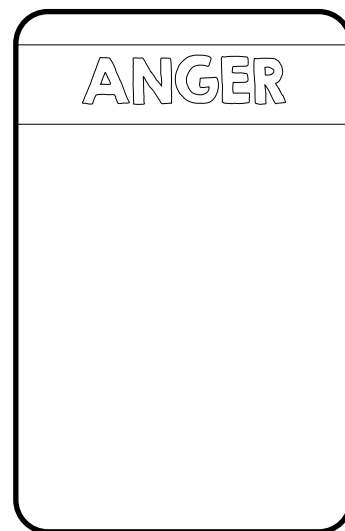
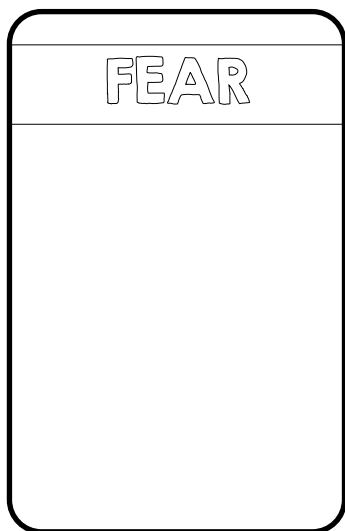
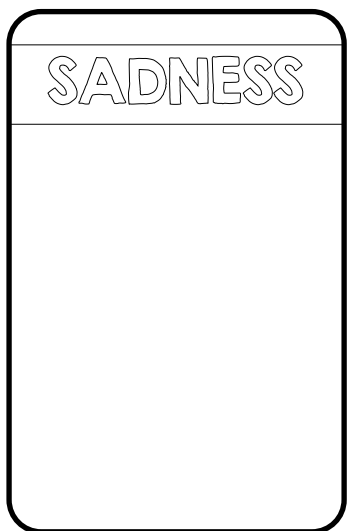
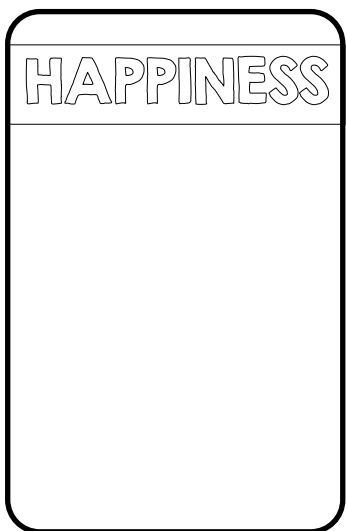
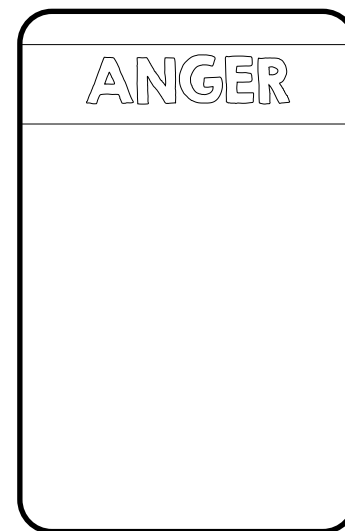
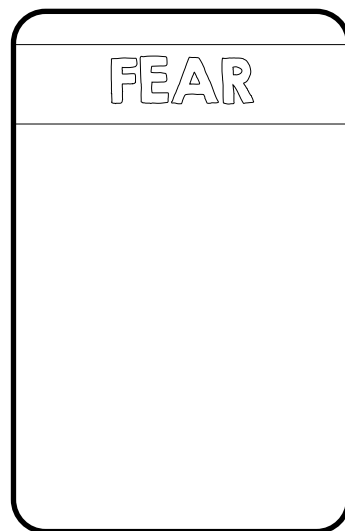
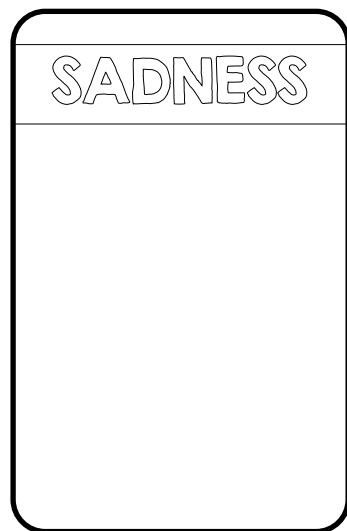
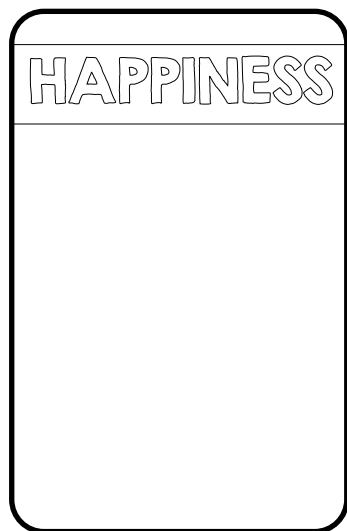
DO (ADULT SUPERVISION: SCISSORS REQUIRED)

Use the worksheet to create this fun memory game. You can use the 'body sensations' words from last week to help you think of what to draw on the cards. To extend the game further, try to think up additional emotions associated with the 'core emotions' and make more matching pairs.

For example:
Heart beating fast + hot face = angry

This activity is a great opportunity to remind your child that emotions look different for different people.

MATCHING PAIRS



WHAT TO DO:

1. You are going to create a fun memory game
2. Firstly, draw body sensation pictures (as many as you like) on each different emotion card. Decorate the cards to be as colourful as you like, but remember to keep the other card that has the same emotion on it the same, so that they match
3. There is a blank pair for an additional emotion of your choice (you can carry on and make even more if you like!)
4. With help from an adult, cut out the cards. Now you can play the memory game where you shuffle the cards, turn them all face down and take it in turns to try and match the pairs. Or you could play snap!