

YEAR 3: WEEK 1 TRUSTED ADULTS



WHAT HAVE WE BEEN LEARNING?

The focus of this week has been 'Trusted Adults', and your child has been encouraged to think about what qualities a trusted adult might have and the role they play in children's lives. This session is a great opportunity for you to remind your child that you are a trusted adult in their life.



WATCH

Watch the film clip and encourage your child to think about what trusted adult qualities bear has:

[Week 1 Film Clip: Trusted Adults](#)



SCAN ME



TALK

Discuss the following with your child:

What is a Trusted Adult?

What makes Bear a good Trusted Adult?

Here is a list of qualities to help your discussion.

A Trusted Adult is someone who... :

- is a grown-up (or an older teenager)
- we get to know and learn to trust
- looks out for us
- keeps us safe
- we can talk to about our problems
- listens to us
- helps us
- is kind



DO

Complete the worksheet with your child, working together to identify qualities of a trusted adult. Maybe Bear has different qualities to the trusted adult they draw, this is a great opportunity to discuss how we are all different. Be as creative as you like with the colouring and decorating.

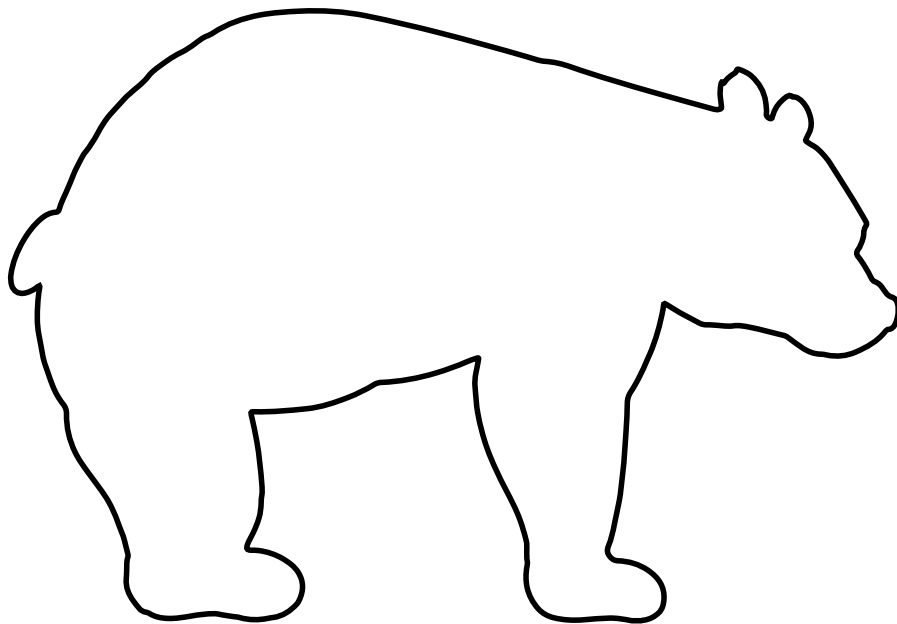
Maybe you could display your finished picture somewhere in your house? Perhaps in your child's bedroom? That way it will act as a reminder that you are always there for them.

THE QUALITIES OF MY BEAR

KIND

CARING

HELPFUL



WHAT TO DO:

1. Firstly, get creative colouring in the picture of Bear
2. Next, draw a picture of one of your trusted adults on the other side of the line
3. See if you can think of some more 'qualities' to fill in the empty boxes
4. Finally, have a look at the 'qualities' words at the top of the page, can you draw lines to connect the words to Bear and your trusted adult?