

YEAR 3: INTRODUCTION WATCHING ADVENTURES ON THE INSIDE



WHAT HAVE WE BEEN LEARNING?

This week we watched a therapeutic animation called 'Adventures on the Inside'. This animation will frame the programme of work that we will be exploring over the next term. This is all about Emotional Regulation - watch out for weekly activities to do at home with your child to understand what they have been learning about.



WATCH

Watch the full 'Adventures on the Inside' video (20 mins).
Your child may have already watched the full film at school:
[Adventures on the Inside](#)



SCAN ME



TALK

What happened in the film?
What do the characters learn?
How did you feel about each of the characters?

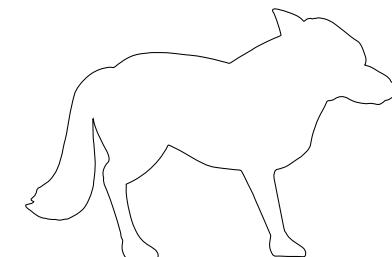
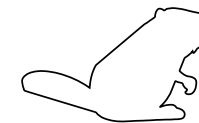
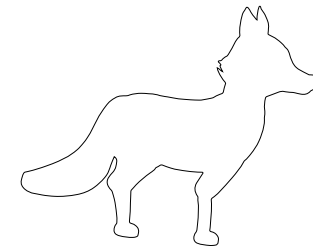
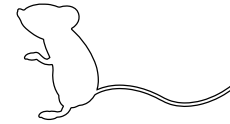
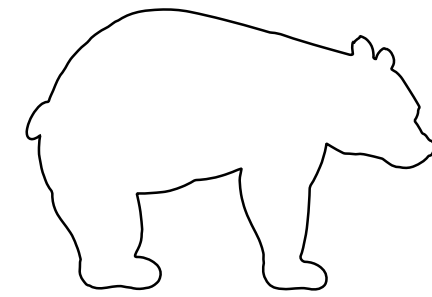
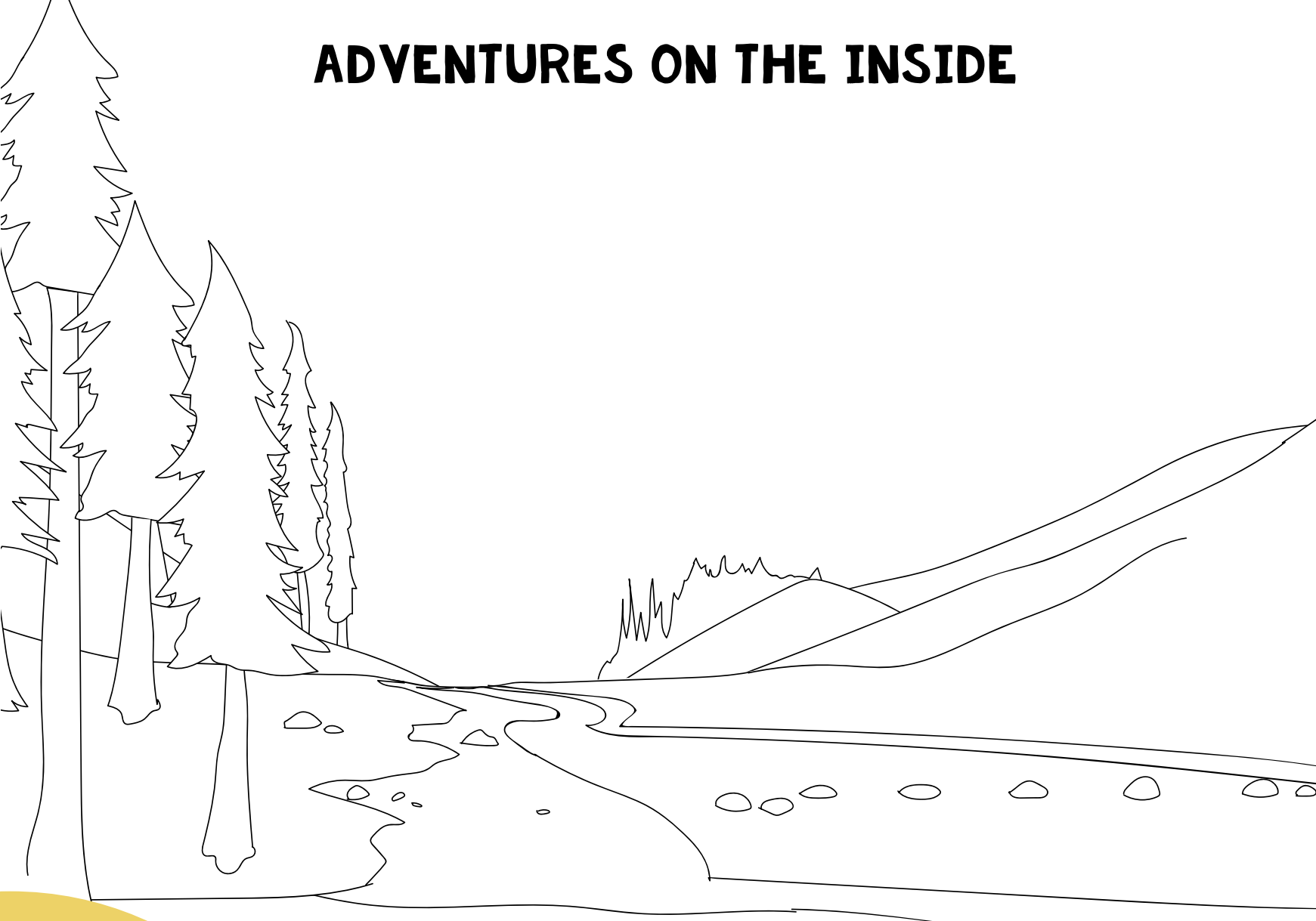


DO (ADULT SUPERVISION: SCISSORS REQUIRED)

Help your child to colour in the animal characters and the map. Carefully cut out the animals for your child to then stick on the map or leave loose and use them as puppets to re-enact moments from the story.

This is a great opportunity for you or your child to re-enact some key memorable moments from the performance.

ADVENTURES ON THE INSIDE



WHAT TO DO:

1. Colour in the scene and the animals
2. Cut out the animals and then stick them on your scene, or leave them loose and use them to stage your own puppet show and re-enact moments from the film
3. Admire your 'Adventures on the Inside' artwork!