



UNIQUE
VOICE

STAY AT HOME

ACTIVITY PACK

Contents

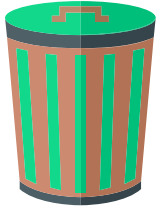
Here at Unique Voice, we recognise the importance of creativity and play in children's lives. Whilst practising social distancing, we want to encourage families to pursue creative outlets.

Inside this pack you will find 30 different activities that you can partake in with the young people in your household. We have chosen activities that require as little resources as possible to ensure there are plenty of things for you to do without having to leave your home. You can do these activities for fun or even incorporate them into your child's home learning.

Remember to give us a tweet, follow or like and please do share lots of pictures of your creations with us and we can share them on our social media platforms. Just go to the contact us where you can find the links to all of our pages.

This is an interactive PDF, this means that you can click on page numbers on the contents to take you to that page. You can also click on links within the document to take you to additional online resources that you can print if you are lucky enough to have access to a printer.

Cover Page	1
Contents and Introduction	2
Arts and Crafts	4
Drama	15
Games	19
Other Activities	22
Contact Us	28
References	29



TRASHION SHOW

Fashion meets recycling, in this activity full of creativity. Turn this activity into a competition and work in teams to make the best outfits.

RESOURCES

- Clean recycling
- Cereal boxes
- Bubble-wrap
- Plastic bottle
- Safety scissors
- String
- Sellotape
- Any other found objects that you think would be appropriate to use

STEP BY STEP:

1. Find and clean the materials you want to use. Plastic bottles, bubble wrap, foil, cardboard are perfect.
2. Set a theme for the outfits you want to create e.g. superheroes, royalty, animals, wedding.
3. Create your outfit using the materials you've found. Don't forget accessories!
4. Once you've finished, ask a member of your household to be a judge.
5. Find a space for a catwalk and strut your stuff to your favourite music.
6. The judge announces their winner.
7. Set a different theme and repeat!



Create your very own comic book starring the people you know or your favourite characters. Retell stories you already know or tell your own brand new tale.

RESOURCES

- Paper,
- Colouring pencils
- Pens and pencils
- Optional: UV Template

[Click here to download comic template](#)

STEP BY STEP:

1. Decide what story your comic strip is going to tell.
2. Write the 3 main points of your story. Where does it begin? What happens in the middle? How does it end?
3. Take some paper and divide it into 3 frames.
4. Using a pencil, in the first frame draw the beginning to your comic strip. In the second frame, your middle scene. In the third frame, your ending.
5. Add in your speech bubbles if you want your characters to speak.
6. Go over the pencil outline in pens and colour in.
7. Once you have practised with 3 frames, you can make your stories longer and include more frames. You could even make your very own comic book.



TREASURE MAP

Argh me hearties! Have barrels of fun making your very own treasure hunt.

RESOURCES

- White Paper
- Chosen 'treasure items'
- Tea bags (optional)
- Glass of lukewarm water
- Felt tip pen
- String or ribbon (optional)

STEP BY STEP:

1. Choose what your treasure is going to be and where you are going to hide it.
2. Decide the path of your treasure hunt. This can take place through your home and even your outside space.
3. Write your clues on pieces of paper. The clues must lead to the next clue, which will eventually lead to your treasure.
4. Place the clues in the correct locations.
5. Make sure to be creative but don't make the clues too difficult.
6. Create your own treasure map using a piece of scrap paper and a dampened tea bag.*
7. Once your clues are set and your treasure map is ready, give the first clue to a member of your household to start the hunt.

*Instructions for point 6 * 1. Take a tea bag and dip it into lukewarm water. 2. Dab the tea bag onto a piece of white paper to make a brown blotchy effect. Do this on both sides. Be careful not to get the paper too wet or it can rip. 3. Take the paper and place it somewhere warm. On a sunny windowsill or airing cupboard works perfectly. 4. Once the paper is dry, draw your treasure map. X marks the spot! 5. You can then roll up your map and tie it with string.*



SOCK PUPPETS

This is a perfect activity if you're in the mood for a spring clean for your sock drawer.

RESOURCES

- Socks
- Googly eyes or buttons
- Felt
- Scrap pieces of material
- Glue
- Felt tips
- Sequins
- String/Wool

STEP BY STEP:

1. Pick a sock that you want to use. Make sure it's clean.
2. Put your hand in the sock and create a C shape with your hand. Your thumb should be in the heel of the sock and four fingers in the toe.
3. Now mark on the sock where you want to put eyes, nose, mouth and ears.
4. Take the sock off your hand and lay it flat.
5. Decorate your puppet with googly eyes, felt, colouring pens, sequins. You can use scrap material to make ears and tongue. Or string to make hair.
6. Once finished and the glue is dry, you can create your very own puppet show. Don't forget the funny voices!



GLITTER SHAKERS

Make your very own mesmerising glitter shaker using only four materials.

RESOURCES

- Plastic bottle or glass jar
- Glitter
- Glitter glue
- Water
- Sequins (optional)

STEP BY STEP:

1. Using a clean plastic bottle or clean glass jar, take your favourite colour glitter and glitter glue and add it to the bottle.
2. Carefully fill the bottle with water, making sure to leave an inch gap at the top.
3. Screw the lid on tight and..SHAKE!
4. Watch as the glitter dances inside the bottle.



Slime is extremely popular, and is a definite winner with the kids. With this recipe you can mix it up and be creative by making it whichever colour you choose and can even add glitter!

RESOURCES

- 100ml PVA white glue
- ½ tsp bicarbonate of soda
- 1 tsp contact lens cleaning solution
- Optional: Glitter, food colouring, beads can be used to add texture and colour

STEP BY STEP:

1. In a bowl mix 100 ml PVA Glue and 1/2 teaspoon of bicarbonate of soda.
2. Add a drop or two of food colouring and mix.
3. Add 1 tsp of contact lens solution and mix
4. The slime will begin to form.
5. Now knead the mixture like bread. This helps the ingredients stick together.
6. Stop kneading the slime when it doesn't feel sticky anymore. (Optional: Add glitter now.)
7. Your slime is ready to play with! Top tips: When not using the slime, keep it in plastic bag in the fridge.



SNOW GLOBE

Make your very own winter wonderland.

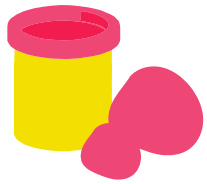
RESOURCES

- Clean glass jar with lid
- Super-glue/glue-gun/strong adhesive glue
- Waterproof figure (ideally something plastic)
- Glitter/sequins
- Optional: Glycerin which helps the glitter float.

STEP BY STEP:

1. Glue your chosen waterproof figurine to the inside of the jar lid.
2. Fill the jar with water and glitter.
3. Insert the lid (when the glue has dried) into the jar and screw the lid on tightly.
4. Shake the jar and be amazed!

Top tip: To make it more secure, add superglue around the lid.



FUN-DOH

Have an afternoon of fun making your own colourful dough ! Followed by lots of fun getting creative making models!

RESOURCES

- 500 g flour
- 250 g salt
- 150 ml water
- Poster paints and brushes (optional)
- Food colouring

STEP BY STEP:

1. Mix 250 g of salt and 500 g of flour in a bowl.
2. Add 150 ml water gradually whilst mixing with your hands.
3. Add a few drops of your desired food colouring (optional)
4. Knead the dough until smooth.
5. The dough is ready to play with.

Top tip: If you want to make your creation last longer. You can bake the dough to harden it. Once cool you can paint your dough creation.

Top Tip 2: Split the dough into a few different bowls and add different colours to each to make a selection of colours.

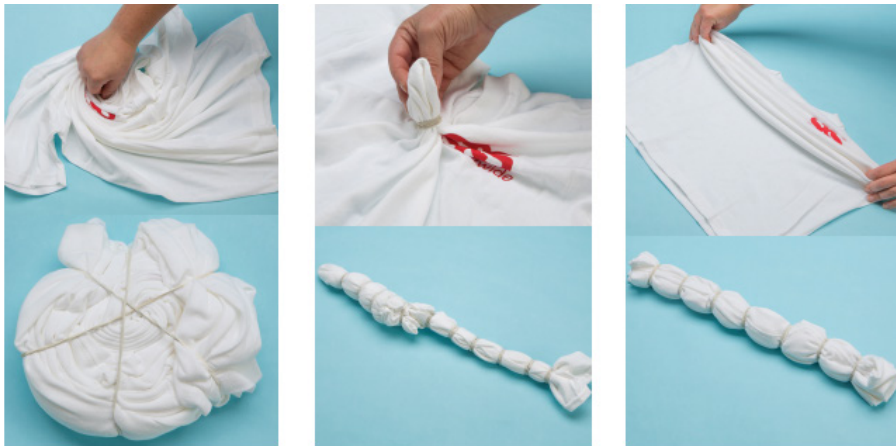


TIE-DIE

Get groovy with your own piece of tie-dye. You can tie-die anything of your choosing, even pillow cases and cushion covers to brighten up your home!

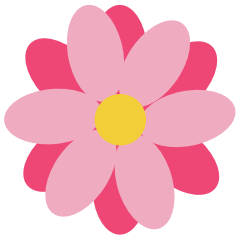
RESOURCES

- White 100% cotton t-shirt or white cotton item
- Tie-dye kit or fabric dye (e.g. dylon dye)
- Squirt bottle
- Rubber bands
- Rubber gloves
- A plastic bag to keep the dyed



STEP BY STEP:

1. Wet the t-shirt
2. Twist it into your desired tie-dye pattern. (The easiest way of doing this is placing your t-shirt or chosen garment flat, pinching the centre and twist in one direction until you have a spiral shape. (see left for examples)
3. Scrunch into a circle shape and secure with rubber bands.
4. Mix your fabric dye and squirt it onto the fabric
5. Leave for 24 hours, unravel and then rinse the material thoroughly.
6. Once the t shirt is dry, it's ready to wear!



CARDBOARD FLOWERS

Get creative and use your recycling to make these homemade decorative flowers!

RESOURCES

- Toilet paper roll/kitchen paper roll centre tube
- Green poster paint
- Green card
- Coloured card
- Felt tips
- Scissors
- Glue
- Pom poms, glitter, sequins (optional)

STEP BY STEP:

1. Paint toilet paper rolls green. You can also use kitchen paper rolls cut in half.
2. Cut your leaves out of green card or card coloured green.
3. Glue the leaves to the base of the roll.
4. Using coloured card, cut out flower head shapes. Daisies, tulips and sunflowers all have different shapes. Make sure your flower head is the same width as the toilet roll.
5. You can decorate the flower heads with pom poms, glitter or sequins.
6. Cut a half inch slit at the top, on each side of the toilet paper roll.
7. Slide the flower head into the slits.
8. Put your freshly made flowers on display!



PAPER DRAGON

Get creative and use your recycling to make these ferocious dragons!

RESOURCES

- Poster paint
- Toilet paper roll or half kitchen roll inner tube
- Orange tissue paper
- Glue
- Felt tips
- Scissors
- Googly eyes and pom poms (optional)

STEP BY STEP:

1. Paint the toilet paper roll the colour you want your dragon to be.
2. Once dry, take the orange, red and yellow tissue paper and cut a handful of long strips. These are the flames.
3. Decorate your dragon head. Draw scales. Glue 2 x green pom poms for eyes and 2 x smaller green pom poms for the snout. Glue googly eyes to the larger pom poms.
4. On the snout end, line the inside of the roll with glue.
5. Place the strips of tissue paper to the glue. You can alternate colours to create a flame effect.
6. Once the glue is dry, blow hard through your dragon head to make it breathe fire!



TOY PARACHUTES

These easy parachutes can create hours of fun to be had! Just follow the simple steps!

RESOURCES

- Plastic bag or material
- Sellotape
- Scissors
- String
- A small, lightweight toy
- Hole punch (optional)

STEP BY STEP:

1. Cut a square out of your material or plastic bag.
2. Use sellotape to cover all 4 corners. This will help to strengthen this area.
3. Pierce a hole through each corner you can use a hole punch or use a pair of scissors carefully to make a small hole.
4. Cut four pieces of string. Each piece of string needs to be the same length as the square of material you're using.
5. Thread each piece of string through a corner.
6. Tie two pieces on each side together to make a loop.
7. Put this loop under your toy's arms.
8. Your toy is ready to parachute!

Top Tip: Don't use a heavy toy. Use something small and that won't break. Only drop the toy from a safe height in your home and make sure the toy will have a safe landing.



TALENT SHOW

Come one, come all to the most amazing talent show in the world!

RESOURCES

- Just imagination!

Ideas for talents: Singing, dancing, acting, gymnastics, magic trick, funny skit, impressions, jokes, lip sync, poem, football trick

STEP BY STEP:

1. Begin the day with creating invites for the people you live with.
2. Include their name, date, time and location of the talent show.
3. Decorate invitations.
4. Decide what your talent is going to be.
- 5 Practise your performance throughout the day.
6. Choose a judge from your household and decide how they will score participants.
7. If there aren't many people involved you could perform multiple talents or include your favourite toys.
8. Perform your talent and take a bow.
9. The winner is announced!



WHY ARE YOU LATE?

This is a really fun drama game that is guaranteed to lighten the mood, and cause lots of laughter!

RESOURCES

- Just imagination!

STEP BY STEP:

1. One person takes the role of the boss and another takes the role of the employee, the rest of your group are the other office staff imagining they are in an office for the set of the game.
2. Before the game starts the boss and the employee leave the room and the office staff secretly decide on an excuse as to why the employee is late. Be as creative as possible, the sillier the better e.g. "I was chased by a dinosaur and had to travel back in time and I broke my leg".
3. The boss and the employee then return to the room, with the office staff on one side of the room, the boss in the middle (with their back to the office staff) and the employee runs in to stand the other side facing the boss.
4. The boss asks the employee "why are you late?" the office staff then mime the reasons why and the employee has to guess what they are acting out as their excuse to tell the boss. However, at points the boss can turn around and face the office staff and if they are seen to be not working those participants are removed from the office.
5. If you are playing in a smaller group, instead of disqualifying office staff, you can give the late employee a number of guesses before they are "fired".



This is a really fun drama game that is guaranteed to lighten the mood, and cause lots of laughter!

RESOURCES

- Just imagination!

Top Tips: Emotion can be expressed in different ways - facial expressions, physicality, tone of voice, language spoken. Examples of emotion: happy, proud, angry, sad, excited, surprised, shocked, nervous, embarrassed.

STEP BY STEP:

1. Begin with thinking of different types of emotions that we may feel
2. The mood dial is a scale of emotion. 10 is that emotion at it's most intense and 1 is hardly at all.
3. Moving around a room, explore how those emotions look. Start with 1 and growing to 10.
4. Have one person pick the number and emotion. They can also choose individual people to show a specific emotion. e.g. "Ally be happy at 10".
5. You could also create scenes with each person displaying a different emotion on different levels. e.g. Everyone is eating dinner at a terrible restaurant. Ally is angry at 4. Mo is shocked at 10. Fizzah is nervous at 3.



This is a really fun drama game that is guaranteed to lighten the mood, and cause lots of laughter!

RESOURCES

- Just imagination!

Top Tips: Why not create a comedy sketch using completely wrong objects. e.g brushing teeth with a shoe, brushing hair with a coat-hanger.

STEP BY STEP:

1. Pick an object from your home.
2. In teams, act out using the object in a way it's not designed for. For example, the object is a scarf. Team 1 use it as the Loch Ness Monster. Team 2 use the scarf as a skipping rope.
3. The first team to hesitate or fail to come up with something loses that round. New props are used in each new round. Remember, don't be scared to be really silly!



MONSTER MASH UP

Get creative and have a laugh with this hilarious monster mash up game.

RESOURCES

- Paper
- Pens

STEP BY STEP:

1. Each player needs a pen and piece of A4 paper.
2. Each player draws a head of a creature (real or imagined!) at the top of their piece of paper.
3. Fold this section of paper over to the base of the neck.
4. Each player passes their folded piece of paper to the player on their left.
5. Draw the body and arms (or tentacles!) of a creature
6. Fold this section down to the end of the waist and pass to the player on the left.
7. Draw the legs and/or tail, fold this section and pass.
8. Draw the feet, claws, hooves of a creature, fold this section down and pass to your left.
9. You should now be left with a piece of paper folded into itself 4 times.
10. One by one each reveal the creature you've been given.
11. As a group you can then decide who wins and the names of each of your mash up monsters.



NAME GAME

This is classic around the table game that can prove great fun for the entire family.

RESOURCES

- Paper
- Post-it notes
- Pens

STEP BY STEP:

1. Cut 5 x small pieces of paper or 5 x post-it notes for each person playing.
2. Players write down a character/famous people on their piece of paper/post-it.
3. Everyone passes their paper to the player on their left
4. Each player sticks or holds the paper to their forehead.
5. Each players takes a turn asking yes or no questions to try and find out who they are. e.g.. Am I a man? Am I famous for singing? Am I real?
6. If a player asks a questions and the answer is 'yes' they can ask another question.
7. The first player to work out who they are, is the winner.



USE THIS WORD

This is classic around the table game that can prove great fun for the entire family.

RESOURCES

- Paper
- Pens

STEP BY STEP:

1. This game starts by everyone writing down 5 interesting words on 5 separate pieces of paper.
2. Papers are folded and put in the centre of the circle.
3. Players can sit in a circle or at a table. The aim is to create a story.
4. The first player picks a word out of the pile of words.
5. They must then use the word in a sentence to begin the story.
6. The next player must choose their word and continue the story with a sentence using their chosen word.
7. This continues with each player until the words are finished.



SCAVENGER HUNT

Have fun working in teams or as individuals to collect a list of objects.

RESOURCES

- Pen
- Pencils
- Paper
- Bags

STEP BY STEP:

1. Create a list of objects to find. You can ask someone who isn't playing to make the list if you want to be surprised.
2. Decide if you want to be in teams or play as individuals.
3. Give a copy of the list to each player/team, also give them a pen and bag.
4. Start the scavenger hunt.
5. The player/team who collects all the objects in the fastest time is the winner. List of object ideas: Something blue, something square, something soft, something that smells nice, the biggest leaf, the tallest piece of grass, something slimy.



RIDDLES

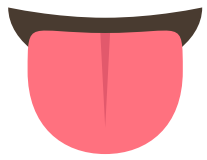
Challenge your household to solve a riddle together. You can find lots of riddles online. We've included our favourites on this page to get you started.

ANSWERS

1. Candle
2. Map
3. Short
4. Legs
5. Clock
6. Piano
7. Envelope
8. Seven
9. A hole
10. Footsteps

RIDDLES:

1. I'm tall when I'm young and I'm short when I'm old. What am I?
2. Where can you find cities, towns, shops, and streets but no people?
3. What five letter word becomes shorter when you add two letters to it?
4. What has a bottom at the top?
5. What has a face and two hands but no arms or legs?
6. What has 88 keys, but cannot open a single door?
7. What begins with an E but only has one letter in it?
8. I am an odd number. Take away a letter and I become even. What number am I?
9. What gets bigger the more you take away?
10. The more you take the more you leave behind. What are they?

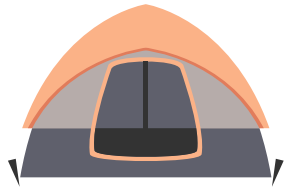


TONGUE TWISTERS

Try and say these tongue twisters as fast as you can.

TONGUE TWISTERS:

1. Big black bug.
2. Friendly fleas and fireflies.
3. Red lorry, yellow lorry.
4. Three free throws.
5. Green glass globes glow greenly.
6. Lesser leather never weathered wetter weather better.
7. Any noise annoys an oyster but a noisy noise annoys an oyster more.
8. I like New York, unique New York, I like unique New York.
9. The top cop saw a cop top.
10. Sheep should sleep in a shed.



DEN BUILDING

This fun activity can take place indoors or outdoors, it's up to you!

RESOURCES

- Indoor: Pillows, cushions, blankets, bunk beds, table, chairs, bedsheets, cardboard boxes
- Outdoor: tent frame, rope, outdoor furniture, branches

STEP BY STEP:

1. Using two chairs, place them back to back with enough space in-between for your den.
2. Then take a big blanket or sheet and drape it over the two chairs.
3. This can be the start to your den and you can add extra sections depending on what you have at home.



DIY MARACAS

Get creative decorating these maracas then have lots of fun making some noise!

RESOURCES

- Paper/plastic cups
- Glue
- Tape
- Paint
- Felt tips
- Filling options: Rice, dried beans, paper-clips, Lego

STEP BY STEP:

1. Fill the plastic/paper cup with your chosen filling.
2. Super-glue or tape the two cups together.
4. Leave the glue to dry.
5. Decorate the outside of the cups (get as creative as you like).
6. Perform with your new maracas.

Top tip: Using different fillings will create a different type of sound. Experiment with which sound you like the most.



WORD SEARCHES

Get creative decorating these maracas then have lots of fun making some noise!

RESOURCES

- Pen
- Pencil
- Paper
- Ruler (if drawing yourself)
- UV template (If you have access to a printer)

[Click here to download word search template](#)

STEP BY STEP:

1. Draw a grid on a piece of paper or use the UV template.
2. Decide if you want your word search to have a theme. Your answers could be things that are blue or your favourite foods.
3. Write the answers at the bottom of the page.
4. Write your answers in your grid. You can write them vertically, horizontally or diagonally.
5. Fill in the other squares with random letters.
6. Give your word search for somebody else to complete.

Top Tip: If you want to make the word search harder, don't write the answers at the bottom of the page. Include a clue to the theme of the answers instead.

Remember to give us a tweet, follow or like and please do share lots of pictures of your creations with us and we can share them on our social media platforms. Just click the links below to go directly to our pages.



Unique Voice CIC
St Bonaventure's Business Centre
Friary Rd
Bishopston
Bristol
BS7 8AF



@uniquevoice_cic



0117 428 6240



@UniqueVoiceCIC



www.uniquevoice.org



@UniqueVoice_CIC



Unique Voice CIC

This resource was created by Unique Voice CIC.

For more support, resources or information please do not hesitate to get in touch.

Bbc.co.uk. 2020. Swashbuckle - Treasure Map. [online] Available at: <<https://www.bbc.co.uk/cbeebies/makes/swashbuckle-treasure-map>> [Accessed 27 March 2020].

Learning 4 Kids. (2011). Sock Puppets. [online] Available at: <https://www.learning4kids.net/2011/09/26/sock-puppets/> [Accessed 27 Mar. 2020].

Creative Station. (2018). Glitter Sensory Bottles | Free Craft Ideas | Baker Ross. [online] Available at: <https://www.bakerross.co.uk/craft-ideas/kids/glitter-sensory-bottles/> [Accessed 27 Mar. 2020].

Homesciencetools.com. (2000). How To Make Slime: Our 4 Most Popular Slime Recipes | Science Projects. [online] Available at: <https://www.homesciencetools.com/article/how-to-make-slime/>.

www.noaandnani.co.uk. (n.d.). Den Building Ideas | Build Bed Dens | Outdoor & Indoor Den Building | Noa & Nani. [online] Available at: <https://www.noaandnani.co.uk/den-building-ideas-for-the-best-dens-ever-i43> [Accessed 27 Mar. 2020].

PBS KIDS for Parents. (2020). Homemade Snow Globes. [online] Available at: <https://www.pbs.org/parents/crafts-and-experiments/homemade-snow-globes> [Accessed 27 Mar. 2020].

Learning 4 Kids. (2012). How to Make Salt Dough Recipe? [online] Available at: <https://www.learning4kids.net/2012/12/09/how-to-make-salt-dough-recipe/> [Accessed 27 Mar. 2020].

brittanym (2018). Make Homemade Music with These 6 DIY Instruments. [online] Learning Liftoff. Available at: <https://www.learningliftoff.com/make-homemade-music-with-these-6-diy-instruments/> [Accessed 27 Mar. 2020].

Inc, C. com (2015). 5 Easy Tie-Dye Instructions — Plus, 4 Tie-Dye Patterns To Try. [online] Care.com. Available at: <https://www.care.com/c/stories/3341/5-easy-tie-dye-instructions-and-4-tie-dye-pat/>.

The Best Ideas for Kids. (2019). Toilet Paper Roll Flowers Craft. [online] Available at: <https://www.thebestideasforkids.com/toilet-paper-roll-flowers-craft/> [Accessed 27 Mar. 2020].

One Little Project. (2016). Paper Roll Dragon Craft | Fire Breathing Dragon. [online] Available at: <https://onelittleproject.com/paper-roll-dragon-craft/?crlt.pid=camp.5CbNafT5DyEd> [Accessed 27 Mar. 2020].

wikiHow (2006). Make a Toy Parachute. [online] wikiHow. Available at: <https://www.wikihow.com/Make-a-Toy-Parachute>.

Improv Help Desk. (n.d.). Props - the one where players use props in new ways. [online] Available at: <http://www.improvhd.com/props> [Accessed 27 Mar. 2020].